

Saturday, 20 January 2024 – Jump Night
at Athletik Zentrum St. Gallen (AZSG)

Categories MAN / WOM

Disciplines Long Jump, Pole Vault, Shot Put

Sunday, 21 January 2024 – Meeting
at Athletik Zentrum St. Gallen (AZSG)

Categories Masters MAN / MAN / U20M / U18M / U16M
Masters WOM / WOM / U20W / U18W / U16W

Disciplines **Masters:** 3000m Race Walk
MAN / WOM: Pole Vault, 60m, 60m Hurdles, 200m, 400m, 800m
U20M / U20W: Pole Vault, Long Jump, Shot Put, 60m, 60m Hurdles, 200m, 400m, 1000m
U18M / U18W: Pole Vault, Long Jump, Shot Put, 60m, 60m Hurdles, 200m, 400m, 1000m
U16M / U16W: Pole Vault, Long Jump, Shot Put, 60m, 60m Hurdles, 1000m

Register pole vault for all categories for W / M: AH 1.70m; AH 2.60m; AH 3.60m



The following disciplines are part of the World Indoor Tour:

| | | |
|----------------|-----|---------------------------------|
| Saturday 20.1. | MAN | Long Jump, Pole Vault, shot put |
| | WOM | Long Jump, Pole Vault, shot put |
| Sunday 21.1. | MAN | 60m, 60m Hurdles |
| | WOM | 60m, 60m Hurdles |



Realisation / Licence According to WO/IWR. The meeting requires a licence.

Registration **ONLY ONLINE** via homepage www.swiss-athletics.ch possible.
Exception: Athletes who are not in possession of a Swiss licence and are resident abroad:
Registration via e-mail to info@lc-bruehl.ch
Registration deadline: Thursday, 11 January 2024

Participants may only start in one category per discipline. A double start in several categories is not permitted.

With the kind support of:

Starting places Starting places are limited.

Spikes All spikes may be used, as long as they comply with the "World Athletics Competition and Technical Rules". Please make sure that the spikes do not exceed the permitted length of 7mm!

Spikes may only be worn in the infield of the hall! It is forbidden to wear Spikes in the spectator stands, the Steinach Hall/entry hall and in the corridors. **Recommendation:** remove non-tolerated spikes in advance at home!

Information LC Brühl Leichtathletik St. Gallen, Christina Gates
Phone: 077 412 62 03 or e-mail info@lc-bruehl.ch

Entry fee World Indoor Tour disciplines CHF 20.00 per discipline
Masters / MAN / WOM / U20 / U18 CHF 16.00 per discipline
U16 CHF 14.00 per discipline

No refund of entry fees for cancellations and injuries

Whenever possible, please use the online payment option when registering. Payment by bank transfer only by club by the registration deadline.

CH59 0690 0019 3143 1000 9, LC Brühl Leichtathletik, 9016 St. Gallen, acrevis St. Gallen

On the day of the competition, payment is still possible by Twint or card.

Athletes from abroad pay the entry fee on the day of the competition on site - by card (contactless) or Twint.

Prize money The following disciplines are part of the WIT meeting. Prize money will be distributed as follows:

| Discipline | 1. Place | 2. Place | 3. Place |
|----------------------------|------------|------------|------------|
| Long jump MAN | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| Long jump WOM | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| Pole vault MAN (Sat. only) | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| Pole vault WOM (Sat. only) | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| Shot put MAN | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| Shot put WOM | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| 60m MAN | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| 60m WOM | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| 60m Hurdles MAN | EUR 300.-- | EUR 200.-- | EUR 100.-- |
| 60m Hurdles WOM | EUR 300.-- | EUR 200.-- | EUR 100.-- |

Late registration Late registrations can be made up to 1 hour before the start for an extra charge of CHF 10.00 per discipline at the information stand if there are still **places available** in the disciplines.

With the kind support of:

- Roll call** **Participants in running competitions** (or their representatives) must tick off on the roll call sheets (between the main entrance and the information stand) for each discipline to be contested at least one hour before the start of the competition.
- Timetable** The definitive schedule will be available on the homepage <https://www.lc-bruehl.ch/events/hallenmeeting> from **Tuesday, 16 January 2024.**
- Bib numbers** The bib numbers distribution point is located diagonally opposite the hall entrance. The bib numbers must be worn clearly readable and unfolded on the chest.
The bib numbers are valid for Saturday and Sunday. No new bib numbers will be issued on Sunday.
- Catering** There is a wide range of catering on offer in the hall. With your consumption you support the work of LC Brühl Leichtathletik in promoting young athletes and competitive sport.
- Pole vault vault** Starting heights and climbing heights on Saturday evening:
- | | | |
|------|----------------|------------------|
| MAN: | SH 4.60m: 20cm | from 5.00m: 10cm |
| WOM: | SH 3.40m: 20cm | from 3.80m: 10cm |
- Starting heights and climbing heights on Sunday:
- | | |
|-----------------------------|------------------|
| Starting height 1.70m: 20cm | from 2.30m: 10cm |
| Starting height 2.60m: 20cm | from 3.40m: 10cm |
| Starting height 3.80m: 20cm | from 4.40m: 10cm |
- The Pole Vault competition on Sunday is not part of the WIT (World Indoor Tour).
- Car parks** Public car parks and multi-storey car parks are located in the immediate vicinity of the AZSG. These are: Car park Cityparking Stadtpark AZSG (105 parking spaces) and Spelterini car park (uncovered, 155 parking spaces).
- Liability** Insurance is the responsibility of the participants. The organiser accepts no liability.
- Hotels** Participants can book discounted rooms in two St. Gallen hotels with promo code BRUE24 : **Sorell Hotel City Weissenstein** (sorellhotels.com/cityweissenstein) and **David 22** (www.hotel-david22.com)

With the kind support of: